

Essence Photography

Dressing for your session...

Families & Couples

Come comfortably dressed, so you feel free to move around, sit, lay etc. - especially if you are doing any portraits outside. You *do not* have to wear matching shirts and pants, unless that is the look you are specifically going for. If you plan on wearing different colors, just make sure they compliment each other. The only thing I advise against is busy patterns, it looks distracting, and in a few years may look outdated. There are no rules, your clothes can be as casual as you want them to be.

Babies & Children

Bring roughly 3 to 4 outfits at most, if you are unsure of what will look best for pictures bring more and I can give you my opinion before we start the session. For parents in the photos with their kids, basic is always best - you can even bring two changes of a shirt for each of you. One black long sleeve shirt always works.

Newborns (recommended within the first two weeks - while they are at their sleepest)

Bring an outfit or two, but most of the photos will be bare or in their diaper. I have plenty of material props that I like to use. Parents should bring two changes of a shirt for each of you. Again, one black long sleeve shirt always works. Definitely stay away from busy

patterns, we want the baby and you to stand out, not your outfit.

Maternity

Wear a nude color bra and underwear, so that if any sheer materials are used, they won't show through. Any tops/sweaters that button under your bust and are open to show a bare belly always look cute, so bring a few if you have some. Tightly fitted long sleeve shirts, t-shirts or tank tops (depending on the season) are great to bring as well. Loose skirts, and any non-maternity button up jeans (leaving the top buttons undone) look great too. Bring a few things that you are comfortable, and can move around in. If husbands or partners are going to be in some photos with you, tell them to dress casual and basic.